

Homemade diets for pets



SHEET NUMBER 1

Many pet owners have an irrepresentable temptaion for providing homemade meals for their pets . The idea of crafting a meal is seen as an expression of love. Nevertheless without a carefully crafted meal plan,t, there's a significant risk of failing to provide the essential nutrition needed. Unlike whipping up a quick meal for ourselves, crafting pet-specific dishes requires a deep understanding of animal nutrition. Dogs require approximately 37 nutrients daily for optimal bodily function, while cats require over 40.

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Unveiling the Nutritional Gaps in Homemade Diets

In a study conducted at the University of California, Davis School of Veterinary Medicine¹, researchers examined 200 various recipes for homemade dog foods sourced from websites, veterinary textbooks, and pet care books. The results revealed that 95% of the recipes lacked at least one essential nutrient, and 84% were deficient in multiple nutrients needed for the pets. It is not an impossible task to provide a nutritionally balanced diet at home, but these findings underscore the complexity of the mission and the high precision needed. Additionally, maintaining calorie control can pose challenges.



Tailored Pet Diets Crafted by Experts

The majority of pet food products available in the market are formulated to offer comprehensive nutrition for pets. You might have come across the term complete on their food packaging, this indicates that the product contains all the essential nutrients required by pets in appropriate proportions. Achieving the right balance of protein, fat, fiber, and carbohydrates, as well as ensuring the inclusion of specific vitamins, minerals, fatty acids, and amino acids, is one of the intricate task that falls under the responsibility of pet food manufacturers.

Occasional Home Cooking: safe or not?

A pet's diet can contain homemade meals occasionally, but it's important to ensure that the formulation includes all the necessary nutrients required for your pet's optimal health.. However, to frequent provision of handmade meals can lead to the disruption of the pet's established nutritional balance. Additionally, a thorough understanding of ingredients toxic to cats and dogs is essential for safe preparation.

Human Foods Harmful to Pet Health

Some seemingly ordinary foods can be harmful for pets. This includes onions, garlic, raisins, grapes, chocolate, avocados, certain nuts, and treats containing xylitol.

Reference

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